



"Optimal Cares @Home Personal Assistance Services (PAS)"

"Compassionate In-Home Care Tailored for Seniors"

About Us

At Optimal Cares @Home, we provide Personal Assistance Services (PAS) to help seniors maintain their independence while receiving the care and support they need. Our dedicated caregivers and Certified Nursing Assistants (CNAs) ensure comfort, safety, and well-being with personalized, high-quality care.



Counties We Serve

- Dallas
- Denton
- Tarrant
- Collins
- Henderson

Providing Quality Care, Right at Your Doorstep!

Why Choose Us?

- ✓ Experienced & compassionate caregivers
- ✓ Flexible care plans tailored to individual needs
- ✓ Available for hourly, daily, and 24/7 live-in care
- ✓ Serving North Dallas & surrounding areas

"Providing exceptional care where it matters most – at home!"



Our Core Services

- **Companion Care (Non-Medical Care)**
 - Light housekeeping & laundry
 - Meal preparation & grocery shopping
 - Companionship & emotional support
- **Personal Care (Moderate Assistance)**
 - Assistance with bathing, dressing & grooming
 - Medication reminders
 - Personal hygiene & toileting
- **Specialized Care (Provided by Certified Nursing Assistants)**
 - Wound care & dressing changes
 - Medication administration & monitoring
 - Vitals monitoring & daily assessments
- **Flexible & Customizable Care Plans**
 - Care That Fits Your Schedule!
 - Hourly care options
 - Respite care services for family.
- **Transportation Assistance**
 - Safe Rides for Peace of Mind!
 - Reliable transportation to medical appointments, social events, and errands

Let's Discuss How We Can Help!

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